

# Manas Sthali

A CO-EDUCATIONAL RESIDENTIAL SR. SEC. SCHOOL

**Nurturing Children**

**With Incredible Environment**



*Prospectus*



*Thousands of extinguished lamps  
can not kindle even one lamp,  
while one kindled lamp can ignite many  
a thousand extinguished lamps.*

**H.H. Brahmarishi Hirday Narayan Yogi Ji**



**"MANAS STHALI** will produce such children,  
each of whom will shine like a diamond  
among a thousand ones."

**H.H. Shankaracharya**  
Kanchipeeth



# !! श्री राम !!

## Preamble

**Manas Sthali** is a Co-Educational Fully Residential English Medium School from Class VI to Class XII, affiliated with CBSE, New Delhi, foundation stone laid by renowned director Shri Ramanand Sagar, who also directed the famous TV serial "Ramayana", on 22 April 1989 under the aegis of Independent Charitable Trust called "**Manas Sthali**". The lush green school campus spread over 30 acres, is located 19 Kms, near Faridpur town on Bareilly- Lucknow road in Uttar Pradesh. The School has completed its 31 years successfully with around 4200 pupils completed their schooling and around 100 staff on payroll.

**Manas Sthali** believes that all youth should have equal opportunities for education, Consistent with their individual capabilities and their personal and social needs. It recognises the dignity and worth of each student & their importance to the society and the nation in general.



## Our Motto

“उत्तिष्ठत जाग्रत प्राप्य वरान्निबोधत”

Our Motto proclaims that the school dedicatedly develops the child Physically, Mentally & Academically, by imbibing the spirit of "Awake, Arise & Receive knowledge from the enlightened ones" in all students & staff of Manas Sthali.



## Our Vision

The aim of the school is to prepare students academically, physically and mentally for entry into the NEET, AIEEE and other walks of life. A sound character, esprit de corps, dedication, patriotic outlook and derive to serve the country are qualities which Manas Sthali seeks to promote.

The other objectives of the school are:-

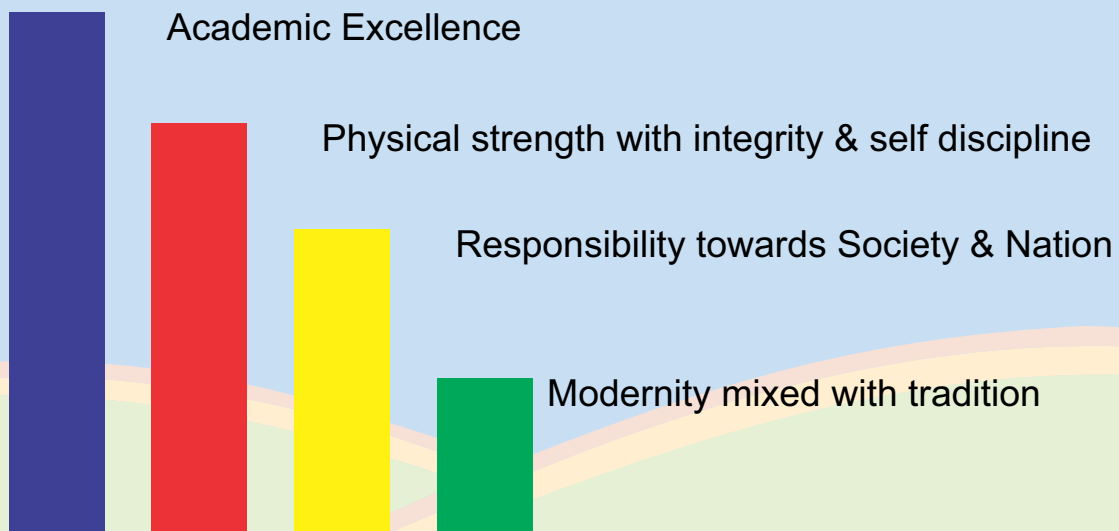
- (a) To develop qualities of body, mind and character which will enable the young students of today to become good and worthy citizens of tomorrow.
- (b) To bring school education within the reach of common man.

## Our Mission

To provide a strong foundation for the child to inculcate practical wisdom & leadership quality in this ever-challenging global scenario through variety of scholastic and non scholastic activities. To promote a culture of learning by 'Seeing' believing and experimenting with paramount commitment to meeting the needs of 21<sup>st</sup> century students to encourage the child, be a meaningful part of the society and worthy world-citizen filled with the spirit of companion, integrity, trust & tolerance.



## Four Foundation Pillars of Manas Sthali





### Ideology and Philosophy

The true end of education is not the acquisition of information or of technical skills, though they are very essential in modern society. Information is not knowledge, nor is knowledge wisdom. Education must give a basic meaning to personality and existence and equip us with the power to overcome spiritual inertia and foster spiritual sensitivity.

Along with academic excellence, children must also be trained in such a way so that they may achieve ideally integrated development of their personality on all the five planes-Physical, Vital, Emotional, Intellectual and Spiritual. By ennobling their practical lives, they would diffuse the light of their knowledge to the society for achievement of unending health, vibrant vitality, abiding happiness, profound knowledge and Universal love with Unlimited prosperity. Members of such a society will have an enlightened intellect and they would be able to take quick and firm decisions without fear or favour in all walks of life.

The world we live in, is governed by inexorable laws. Violation of these laws is experienced with suffering on all the five planes of human personality; on the physical plane by disease; on the vital plane by fatigue, on the emotional plane by worry; on the intellectual plane by fear; and on the spiritual plane by duality and pangs of separation from kith and kin. Sin and suffering go together. People try to get rid of suffering without giving up sin. On the other hand, obedience of the laws is rewarded on all the five planes; on the physical, with unending health; on the vital, with vibrant energy; on the emotional, with abiding happiness; on the intellectual, with profound knowledge; and on the spiritual, with universal love.

It is a sin to violate the fundamental law of 'Give and Take'. Since birth we have been freely receiving air, light, heat, water, soil productivity, etc., from Nature. But, we never think of repaying the debt we owe to it. As a punishment for this selfishness, we are afflicted with disease, weakness, worry and fear in one form or the other. To repay the debt, we must devote a part of our time and energy in selfless service of society without expecting any return.

Another basic law of nature is that of Action and Reaction, which if applied to our every day life, works thus; if we give happiness to others it will come back to us. If we want to banish suffering, we must court it, instead of trying to push it away. We court suffering by reducing the quantity of our food-intake and the food thus saved is given away to satisfy the hunger of someone not connected with us. Also, we set apart one-tenth of our income from all sources, deducted at source, and spend it unselfishly in the service of others.

Manas Sthali strives to create such an atmosphere that will help to build a strong foundation in students, for a bright future and a healthier and happier society.



## Special Features

- ∫ Three H-(Head, Heart and Hand) education: Profound Knowledge in intellect, Abiding Happiness in Mind and Unfailing Health in Body
- ∫ Love for composite Indian culture and True Nationalism.
- ∫ Universal brotherhood and International Understanding.
- ∫ True Secularism; stress on Humanism; knowledge of the essentials of various major religions
- ∫ Scientific Temper: Its development with spiritual base.
- ∫ Individual Talent: Its identification, development and utilization.
- ∫ Job-oriented education: Coaching for professional competitions.
- ∫ Community living; service and co-operative spirit.
- ∫ Physical work; dignity of labour.
- ∫ Organised visits to various places of educational interests.
- ∫ Introduction and training in different manufacturing processes in school workshop.
- ∫ Self-Reliance; Self-help.
- ∫ Self-realization; Manifestation of Eternal Truth.
- ∫ Smart Class Teaching in all classrooms.





### Admissions

1. Admissions are restricted to classes VI to VIII. However, a few students in Class IX and XI may be admitted depending on the availability of seats created due to withdrawal of students.
2. For admission to class VI boys and girls should be between 11 and 12 years of age on 1st April.
3. Admissions will be granted on first come, first serve basis after Written Test and Interview, irrespective of caste, creed & religion.
4. There is a common Application Form for Registration and Admission which may be procured along with Prospectus either by sending Bank Draft of Rs. 1500/- to any scheduled bank at Bareilly in favour of 'Manas Sthali' or by depositing cash at the school counter. The last date of receipt of Registration cum Admission Form is 10<sup>th</sup> March every year.
5. Written test and Interview will be held on specified days, notified in advance.
6. A list of candidates provisionally selected for admission will be put on the School Notice Board two days after the written test and interview is held.
7. Admission should be taken by depositing the 1st instalment of fee along with admission fee after the list has been finalised and put on the notice board. The fee must be deposited as per schedule by Bank Draft or in school's bank account given in fee annexure.
8. No day-scholars will be admitted, except the children of the staff.
9. No donations will be accepted for the sake of admission.
10. At the time of the admission, following documents will have to be produced:
  - (a) Birth Certificate
  - (b) Transfer Certificate
  - (c) Mark-sheet from school last attended.
  - (d) Certificate of good conduct.
  - (e) Health Certificate
  - (f) Signed Agreement
  - (g) Aadhaar





## Facilities

- (a) Uninterrupted power supply with a back up of 40, 100 & 160 kva generator.
- (b) Play grounds
- (c) Academics Block
- (d) Half Olympic size Swimming pool
- (e) Open air Auditorium
- (f) Infirmary
- (g) Hostels (air cooled)
- (h) Students Mess (air cooled)
- (i) IT Lab
- (j) CCTV Networking
- (k) Library
- (l) Gymnasium



## Clubs for Experiential Learning

- (a) Meditation Club
- (b) Gardening & Plantation Club
- (c) Gymnastics Club
- (d) Skating Club
- (e) Martial Art Club
- (f) General Knowledge Club
- (g) Dramatic Club
- (h) Trekking, Excursions & Educational tours
- (i) Vocational training
- (j) Literary club (Hindi & English)
- (k) Health Club
- (l) Divine Cure, Spiritual healing through intellectual faculty
- (m) Natures Club
- (n) Audio Visual Club
- (o) Photography Club
- (p) Wall Magazine Club
- (q) Geographical Society and star Gazer's Club
- (r) Interact Club of Manas Sthali







### Hostel Life & House chores

There are three separate hostels for Junior Boys, Senior Boys and Girls all with independent common rooms attached to them. The hostel life provides opportunities to students to develop qualities such as social adjustment, co-ordination and co-operation. Leadership, teamwork etc. Students are grouped into various houses, each house having four families (group) headed by an able teacher to fulfil the parental role including personalised counselling. Family heads also help the house masters/mistresses in day to day functioning of the houses. Each house has a prefect/captain to assist his/her House Master. House Master/Mistresses and matrons look after the students with utmost care and affection. Adequate facilities are provided for stay, study, wash and bath, food, indoor games etc. Though attendants are there to do major cleaning and washing work etc., the students are provided opportunity to share some of the house chores, in order to develop spirit of self-reliance.

### Food

Balanced, nutritious and purely vegetarian food is served to the students. It includes vegetable soup, milk, fruits, green vegetables and salad in sufficient quantity. A high level Food Committee is functioning to continuously improve food combinations and blending nourishment with taste to ensure adequate intake of the essential ingredients of diet. Emphasis is laid on developing proper food habits and also to distinguish between true and false appetite.

True meaning of balanced diet and importance of complete assimilation and elimination is explained to students. We should eat to live, not live to eat. Also we should understand that energy is already within us; food is only body-building material and replenishes the wear and tear of the body. Our aim is to ensure that all the boys and girls achieve unfailing health.





## Health and Hygiene

Health is Wealth, Adequate attention is paid to keep boys and girls healthy and energetic.

School's Infirmary and Segregation ward is under the charge of a qualified Doctor for providing adequate treatment as and when required. An independent Medical Board consisting of a panel of Senior Doctors of different fields conduct periodical medical checkups and supervise matters related to health and hygiene. For specialised medical treatment students are referred to specialist Doctors/Nursing Homes at Bareilly.

## Medical

Prior to the admission, it will be incumbent on the part of all the parents to have their wards examined thoroughly by Medical, ENT, Ortho and Eye Specialist and submit the health certificate at the time of admission. Students with serious health problems will not be admitted.

Manas Sthali is confident that if simple rules of balanced diet, avoidance of 'Over-eating' and 'all the-time-eating', regular proper exercise and an active sense of service are observed and maintained, no student will ever fall sick.

## Hobbies

To develop the innovative and manifold skills of children, Manas Sthali endeavours to provide varied range of hobbies, out of which every student will be encouraged to pursue at least two. Some of them have been mentioned under para "Departments and Activities:."

A few others are:

1. Music (vocal & Instrumental)
2. Kathak Dance
3. Art (Painting & Drawing)
4. Sculpture & Clay-moulding
5. Electronics
6. Photography
7. Making of Candles, chalk-sticks, Soap etc.
8. Book-Binding
9. Press and Journalism
10. Collection of Stamps, Coins etc.
11. Science Projects.





# Manas Sthali At A Glance





### Schedule of Fee

Annual fee is payable in two instalments by 5<sup>th</sup> April & 05<sup>th</sup> September every year. All fee, except security deposit is Non-Refundable. Penalty at the rate of 1% per week will be charged from the defaulters with effect from due date. The annexure showing the fee structure is enclosed.

### Personal Expenditure Advance

Students will not be allowed to keep any cash with them. Guardians will deposit with the school, a sum of Rs. 30000/- initially every year, as personal expenditure advance for their wards, which will be spent on the following items as and when required. Periodical account of expenditure will be sent to them, and on money falling short, additional remittance may be called for to which parents are expected to comply.

1. Books and Stationery
2. Special medical treatment like advance pathological test and hospitalization, etc. Ordinary treatment and routine medical check-up in school campus will of course be arranged free by the school.
3. Periodical replacement/maintenance of Games items like Skates, Sports Shoes, Rackets, Shuttle-cocks, Swimming trunk or costume etc.
4. Postage & Telephone.
5. Special Dresses for dance and Cultural Programmes.
6. Laundry, Tailoring and Hair Dressing etc.
7. Remedial academic measures, special coaching/courses etc.
8. Pocket Money for purchasing small/personal items for day to day use.
9. Extra fee for specialised hobbies, i.e. Indian Classical dances, Classical vocal and instrumental music etc.

### Bedding and Clothing

1. The School provides following items of bedding at the time of admission:
  - (a) Coir Foam Mattress - One
  - (b) Pillow - One
2. All items of Summer/Winter school uniform and other clothing are to be provided by the guardians as per details and specifications supplied by the school at the time of admission.
3. One quilt and a good quality woollen blanket will be provided by the parents during winters.
4. Students will be in possession of summer uniforms on the first day of reporting for the session. Winter clothings will be worn by students upon their return to school after Deepawali vacations.
5. The school tie, belt, socks, stocking, etc will be bought from the Tuck Point in the school campus.



## Library

A spacious library in the campus adds to the enrichment of the Manas Sthali. Books on varied subjects are available for the students to develop the art of reading & to inculcate the habit of self study through reference material. This makes the students self-reliant & develop their cognitive and conative skills. The library has well selected collection of books including text books, reference books, Encyclopedia, journals, periodicals, Newspapers and Audio visual media etc. New additions are constantly made in order to keep the library abreast of the latest. It has a spacious reading room. A separate reference area has been provided for the students as well as faculty members. Library membership is open for all the students & faculty members.



## Recreation Room

A Recreation Room form an integral part of each hostel and is equipped with a Colour television & variety of indoor games like Table Tennis, Carrom etc.



## Moral & Spiritual Science

Manas Sthali lays great stress on the spiritual aspect of students. Besides Moral Education, regular discourses dealing with the necessary as well as technology and power of prayers, sharing, thanks giving, forgiveness, non-attachment, selfless service with love and meditation are arranged. Students are encouraged to “Tithe” or part with 1/10<sup>th</sup> of their pocket money, portion of their food and also to devote selflessly an hour a day in the service of co-fellows as their offerings to the Lord. With such a mental development, the students, besides leading a happy and worryless life, would possess unlimited prosperity and an illumined intellect.





### Thanks Giving & Forgiveness

Students are taught to practice thanks giving for whatever good is done to them by anyone and forgive others for any wrong done to them. Expressing sincere gratitude has set in a positive thinking attitude in all students which is supposed to be a pre-requisite for total eradication of all human sufferings.



### Smart Classrooms

Keeping abreast with the changing trends in Educational technology & making the class rooms experience more learner-centred, school has Smart class rooms with an aim to enable and empower the students as well as faculty to think globally, connect, create & share knowledge.



### Tuck Point

A well stocked Tuck point caters to the requirements of the students.



### Entrance Examination

Entrance test will be conducted in the month of February, March & April on specified days.





Details regarding written test viz, subjects total marks and qualifying marks are given below :-

**Class VI-VIII**

Subject	Total Marks	Qualifying Marks
Mathematics	25	33% in each subject &
English	25	50% in aggregate
Hindi	25	
Intelligence Test	25	

**Class IX**

Subject	Total Marks	Qualifying Marks
Mathematics	25	33% in each subject &
English	25	50 % in aggregate
General Science	25	
Social Science	25	

**Class XI (Science Stream)**

(Minimum 60% in Maths/Science in Class Xth)

Subject	Total Marks	Qualifying Marks
Mathematics	25	33% in each subject &
English	25	50% in aggregate
Science	25	
Intelligence Test	25	

**Class XI Arts & Commerce Stream**

(Minimum 50% in Class –X)

Subject	Total Marks	Qualifying Marks
English	50	33% in each subject &
Intelligence Test	50	50% in aggregate

Marks scored in the entrance exam can be obtained by depositing a fee of Rs. 100/- on Completion of admission process only. However answer scripts will not be shown/issued in any case.

**Interview**

The written test is followed by an interview carrying 50 marks for all the Classes VI to XI. Students securing 33% in each subject and 50% in aggregate are eligible to appear for the interview. However, only shortlisted students will be called to appear for interview. Number of shortlisted students will be decided keeping in view the no. of students to be admitted in that particular class. Merely qualifying in the written test does not confer any right for admission. Number of students to be selected depends on the number of existing vacancies.





### Strength of Boarders

The School caters for 600 boarders who are accommodated in Seven hostels, name Boys Hostel - Arjun, Ram, Karan, Prahlad, Krishna, Girls Hostel - Meera & Radha.

### Vacations

All students are required to leave the school during the vacations. The arrangements of students departure are intimated to the parents in advance before the start of vacations.

The School has two long breaks in a year-

- (a) Summer Break (Commencing from last week of May)
- (b) Winter Break (Commencing from fourth week of December)

### Leave

Leave for attending weddings, Social and religious ceremonies is discouraged.

### Late Reporting

- (I) Students who fail to report to the school after vacation or after leave granted to them are penalised @ Rs. 50/- per day of each reporting.
- (ii) Name of individual student shall be struck off strength after 40 days of absence without permission.

### Transfer Certificate

School leaving/Transfer Certificate/Character Certificate is issued to students only after clearance from all school sections & meeting conditions as stipulated by Manas Sthali Samiti rules & regulations.







## Physical Activities

For imparting comprehensive physical education to boys & girls, the following activities are being carried out under the guidance of competent staff. Special efforts are made to inculcate sportsman spirit in them.

1. Individual and Team Games like Football, Hockey, Sepak Takraw, Cricket, Volleyball, Basketball, Badminton, Ball Badminton, Kho Kho, Kabaddi, Tennis, Table Tennis, Tennis ball Cricket, Tug-of-War, skating etc.
2. Gymnastics-Parallel Bar, Horizontal Bar, Roman Ring, Pommel Horse, Matwork etc.
3. Athletic-Variou Track and Field events.
4. Martial Arts- Karate and Tae-Kwando.

## Yogic Exercises

Yogic activity suitable to their own age groups, is a part of daily routine of all the students. It includes Asans, Pranayam and meditation. This provides physical and mental relaxation and does immense good to the children.

## Co-curricular Activities

The School provides ample Scope for the development of creative skills of students in fine arts and crafts. Opportunities are provided to all the students for participating in English/Hindi Debates, Dramatics, Music, Art, Craft, Photography, trekking etc. The School encourages development of hobbies, educational trips form an integral part of training. A large number of activities under (SUPW) Socially Useful Productive Works are held with a view to make students self reliant & appreciate the dignity of labour & self help.





### Computer Education

Computer education is an integral part of academics. All the students of Class VI to XII are exposed to computer and its applications in day to day life. The school has well equipped two Computer Lab for Seniors & Juniors separately.

### Excursion

Efforts are made to send students on Excursion/Educational tours to historical establishments & places.

### Inter-House Tournament

- (a) **Academics** – Debate, Declamation, Painting, Essay writing, Story writing, Spelling, Dramatics, Quiz, Rakhi Making, Calligraphy, Mehndi, Talent Search etc.
- (b) **Games & Sports**- Football, Volleyball, Basketball, Handball, Cricket, Athletics, Cross country etc.
- (d) **Representation** – Our students participate in various Academic Competitions & Games & Sports tournaments all the over the country.

### Escorting of Students

All students are to leave the school during vacations prior information of the vacation period is given to the parents. Parents of students studying in school are required to collect their wards from the school. The students from other states may be sent in organised way.

Parents are required to submit a letter of Consent as per Appendix `A`.





**Letter of Consent**

I \_\_\_\_\_ F/o/Guardian of student \_\_\_\_\_ Id No. \_\_\_\_\_ here by execute my consent to permit anybody authorised by me or Senior Boys parents to escort my ward to proceed on leave/vacation/weekend in my absence to facilitate the movement in time which may be permitted by the school Authorities.

Dated :

Signature of Parent

Of \_\_\_\_\_

Id No. \_\_\_\_\_

Permanent Address  
(With Mobile No.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Present Address  
(With Mobile No.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Interview with Staff & Parents Teacher Meet**

Parents desirous to meeting the Principal and other Staff members are advised to have appointments. Intimations will be granted during working hours only in the office. Parents are not permitted to visit Hostels and Dormitories.

PTM is held on quarterly basis and dates will be the same as given in Annual School Calendar issued to students before the start of each Academic Session.

**Correspondence**

Parents/Guardians are welcome to correspond with the School regarding progress/problems in respect of their wards. All e-mails except those of personal native are to be addressed to the Principal and not to any one by name. All mails must contain the name of students, Id.No. and name of the house to which he/she belongs to facilitate prompt disposal.

**Private Tuitions**

Private tuitions are not permitted. The school, however makes arrangements for free extra coaching for weak students.

**Care Of Property**

All personal belongings of the students must be clearly marked. Students are responsible for care and custody of their own property. While all possible precautions are taken, the school does not accept responsibility for loss of property in school premises. Any damage caused to the school property by the students, loss of clothing, books or other articles is to be made good by the parents/guardians concerned.

**Cash & Valuables**

Students are not allowed to be in possession of cash and valuables such as gold chains, rings, mobiles etc.

**Withdrawal**

Principal can order withdrawal of a student from the school on grounds of poor academic performance/poor progress. The fee in respect of such student are not refundable. Principal can also detain a student once in the same class during the orientation period i.e VI to VII, if his/her progress is not found satisfactory.

The Principal can also order withdrawal of a boy on disciplinary grounds. Order of withdrawal by the Principal can also be restored to an non-payment of fees during its participative period.

**Ragging**

As per Supreme court guidelines ragging is totally banned in school. All parents have to submit an affidavit as per format attached at Appx `B` at the time of admission.



## **AFFIDAVIT BY PARENTS / GUARDIANS** **(NON-JUDICIAL STAMP PAPER WORTH RS. 20/-)**

1. I, Mr/Mrs/Ms \_\_\_\_\_ (Full name of Parent/Guardian) father/mother of \_\_\_\_\_ Id.No. \_\_\_\_\_ (full name of student with Id. No.) having been admitted to Manas Sthali have read CBSE/ACAD/Violence in School/2009-14 July 2009 (circular-24) on curbing the menace of Ragging in Schools (here in after called the "Regulations") carefully read and fully understood the provisions contained in the said Regulations.
2. I have perused circular and am aware as to what constitutes ragging.
3. I have also read and understood the circular and am fully aware of the penal and administrative action that is liable to be taken against ragging, actively or passively or being part of conspiracy to promote ragging.
4. I here by solemnly aver and undertake that
  - (a) My ward will not indulge in any behaviour or act that may be constituted as ragging.
  - (b) My ward will not participate in or abet or propagate through any act or commission or omission that may be constituted as ragging.
5. I here by affirm that, if found guilty of ragging, my ward is liable for punishment according to mentioned circular, without prejudice to any other criminal action that may be taken against my ward under any penal law or any law for the time being in force.  
Declared this \_\_\_\_\_ day of \_\_\_\_\_ month of \_\_\_\_\_ year.

Signature of Parent/Guardian

Name \_\_\_\_\_

Address \_\_\_\_\_

Mobile No. \_\_\_\_\_

### **Verification**

Verified the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has concealed or misstated there in.

Verified at \_\_\_\_\_ (Name) on this the \_\_\_\_\_ (day) of \_\_\_\_\_ (month) \_\_\_\_\_

**Signature of deponent**

Solemnly affirmed and signed in my presence on time. the \_\_\_\_\_ day of \_\_\_\_\_ (month) \_\_\_\_\_ year after reading the contents of the affidavit

Verified at \_\_\_\_\_ (place) on this the \_\_\_\_\_ (day) of \_\_\_\_\_ (month) \_\_\_\_\_ (year)

**OATH COMMISSIONER**

### **GENERAL**

Parents/Guardians of students admitted will be deemed to have read/understood and agreed to the contents of this prospectus.

### **ANAPPEAL**

Parents/Guardians are requested to co-operate with the school in maintaining discipline and traditions of the school, by remembering the following salient points.

- (a) Attending promptly to the circulars issued by School regarding Fees, Leave and progress reports and complying with instructions regarding extra attention to students studies during vacations.
- (b) Not visiting the students except on parents Day and adhering to the timings and other instructions on the subject.
- (c) Not requesting for leave/outing of students to attend wedding and other social or religious functions.
- (d) Equipping the students properly with their clothing requirements and other necessities.
- (e) Ensuring that the students report back to the school after vacations by due date and time.
- (f) Avoid bringing eatables into the school



## MANAS STHALI

### Patrons

- ❖ Shri Vijay Kumar Goel      Executive Director & Chairman  
DSM Group of Industries, New Delhi
- ❖ Shri Trilok Chandra Seth      Lala Kashi Nath Seth Jewellers, Bareilly

### Trustees

- ❖ Shri Arun Gupta
- ❖ Shri Anil Kumar
- ❖ Shri Hawaldar Singh
- ❖ Shri Hari Shankar Agarwal
- ❖ Shri Kailash Chandra Gupta
- ❖ Shri Krishna Kumar Mohta
- ❖ Dr. Pallav Gupta
- ❖ Shri Prakash Chandra Sharma
- ❖ Shri Satyendra Prakash Goel
- ❖ Shri Vinay Kumar Shinghal
- ❖ Smt Usha Agarwal

### Members

- ❖ Shri Abhishek Kumar Singh
- ❖ Shri Aniruddh Goel
- ❖ Shri Anshul Gupta
- ❖ Dr. Nupur Goel
- ❖ Mrs. Purna Sharma
- ❖ Shri Saurabh Agarwal
- ❖ Shri Shashwat Agarwal
- ❖ Shri Shivam Gupta
- ❖ Shri Vikas Shinghal
- ❖ Shri Vivek Shinghal



# MANAS STHALI

(A Co-Educational Sr. Sec. Residential School)  
NEAR FARIDPUR TOWN, BAREILLY.PIN - 243 503 (U.P.)



Form MS 1

## APPLICATION FOR REGISTRATION

No. \_\_\_\_\_

The Principal,

Kindly register my ward Master/Miss .....

Surname ..... and give him/her admission to class.....in the academic session.....I understand that registration does not guarantee admission and the registration fee is not refundable. I have read the prospectus and I shall abide with the rules laid therein or as modified from time to time. On admission, I shall pay the fee as per schedule.

Date : \_\_\_\_\_

Signature of Parent / Guardian

Affix Passport Size  
Photograph of  
the Student  
3.5x3

### A-FOR SCHOOL USE ONLY

Application received on : .....

Receipt No & Date : .....

Registration No. : .....

### ADMISSION TEST REPORT

Academic Performance : .....

Personal Interview : .....

Principal

Receipt No. Date : .....

Admission No. : .....

Office Suptd. ....

### B- DETAILS OF THE STUDENT

1. Name of the Student : .....
2. Permanent Home Address : .....
3. Date of birth : .....
4. Aadhaar No. : .....
- (Please Attach Photo Copy)
5. Interest in games : .....
6. extra-curricular activities : .....
7. Details of Prizes / Awards won : .....
8. Has been Innoculated : Triple Antigen, Polio, BCG, Cholera, Small-Pox, Hepatitis, Typhoid, Covid-19 Vaccinate
9. History of serious illness : .....
- if any : .....
10. Any allergies : .....
11. Physical / Mental Handicaps : .....
12. Height \_\_\_\_\_ cms. : Weight.....kgs Eye sight .....
13. Food habits : .....
14. Behavioural Problems, if any : .....
15. Whether S/C or S/T : Yes or No
16. If Yes. Then please specify caste : .....
- (Please attach relevant certificate issued by competent authority)

**C- PREVIOUS ACADEMIC RECORD (Past three years)**

Name of the School Attended	Exam Passed	Year	% of Marks	Position	Medium of Instructions
					English / Hindi
					English / Hindi
					English / Hindi
					English / Hindi

**D- FAMILY RECORD**

<b>1. FATHER</b>	: Signature .....	Educational Qualification
(i) Name & Surname	: .....	.....
(ii) Occupation	: .....	.....
(iii) Address	: .....	.....
(iv) Contact No. (s)	: .....	.....
(v) E-mail ID & Whatsapp No.	: .....	.....
(vi) Annual Income	: .....	.....
<b>2. MOTHER</b>	: Signature .....	.....
(i) Name & Surname	: .....	.....
(ii) Nature of Duties	: Service/House Wife .....	.....
<b>3. REAL BROTHER (S) / SISTER (S)</b>		
Name (s)	Age	
(i) : .....	.....	.....
(ii) : .....	.....	.....
(iii) : .....	.....	.....
(iv) : .....	.....	.....
<b>4. UN-MARRIED UNCLE (S) / AUNT (S)</b>		
Name (s)	Age	
(i) : .....	.....	.....
(ii) : .....	.....	.....
(iii) : .....	.....	.....
<b>5. GUARDIAN</b>	: Signature .....	.....
(i) Name	: .....	.....
(ii) Relationship	: .....	.....
(iii) Occupation	: .....	.....
(v) Address	: .....	.....
(v) Contact No. (s)	: .....	.....
(vi) Annual Income	: .....	.....
<b>6. LOCAL GUARDIAN</b>	: Signature .....	.....
(i) Name	: .....	.....
(ii) Address	: .....	.....
(iv) Contact No. (s)	: .....	.....

**E- PERSONS AUTHORISED TO ESCORT THE STUDENT**

Affix Passport Size Photograph of the Guardian 3.5x3 cm	Affix Passport Size Photograph of the Guardian 3.5x3 cm	Affix Passport Size Photograph of the Guardian 3.5x3 cm	Affix Passport Size Photograph of the Guardian 3.5x3 cm
Name :	.....	.....	.....
Sign. :	.....	.....	.....



# MANAS STHALI

(A Co-Educational Sr. Sec. Residential School)  
NEAR FARIDPUR TOWN  
BAREILLY.PIN - 243 503  
UTTAR PRADESH



Form MS 1

क्र०सं०/ Sr. No. ....

## ADMISSION FORM

कक्षा जिसमें प्रवेश चाहिए/

Class in which admission is sought for : ..... सत्र/ Session .....

छात्र/छात्रा का वर्तमान  
पासपोर्ट साइज  
फोटोग्राफ यहाँ  
चिपकाएं

Passport size  
Photograph of the  
student

1. (अ) विद्यार्थी का पूरा नाम :

Name of the child in full (in capital letters): .....

(ब) लिंग /Sex :

पुरुष/Male :

स्त्री/Female :

2. जन्म तिथि (अंकों में) /Date of Birth :

Day :

Month

Year

शब्दों में /In words .....

कक्षा में प्रवेश के समय 31 मार्च को आयु

वर्ष

मास

दिन

Age of the Student as on 31st March :

Year

Month

Day

3. बच्चों का रक्त समूह /Blood Group of the child : .....

4. क्या आप सामान्य श्रेणी/अनुसूचित जनजाति/ओबीसी से/आर्थिक रूप से कमजोर वर्ग/विकलांग/इकलौती कन्या, यदि हाँ तो प्रमाण-पत्र संलग्न करें /Do you belong to Gen./SC/OBC/EWS/Disabled/S.G. Child? attach Certificate.

निम्नलिखित में से जो लागू हो उसे सही ( ✓ ) करें।

सामान्य श्रेणी अनु०जाति अनु०जनजाति ओ०बी०सी० आर्थिक रूप से कमजोर वर्ग

विकलांग

इकलौती कन्या

Gen.Cat.

SC

ST

OBC

EWS

Disabled

SG Child

5. माता/पिता का ब्यौरा /Details of Parents :

माता/पिता का ब्यौरा Details of Moather/Father	माता/Mother	पिता/Father
(i) नाम/Name (in capital letters)		
(ii) राष्ट्रीयता/Nationality & व्यवसाय/Occupation		
(iii) कार्यालय का नाम, पूरा पता, पिनकोड व दूरभाष संख्या/ Name of Office & full address with Pincode & Telephone Nos.		
(iv) पूर्ण आवासीय पता एवं दूरभाष/ Full Residential Address with Tele. No.		
(v) स्थायी पता/ Permanent Address		
(vi) वार्षिक आय/ Annual Income in (₹)		

6. स्थानीय अभिभावक का पता (यदि हो)

Name & Address of Local Guardian (if any) .....Mob. No. ....

7. अन्तिम विद्यालय का नाम, पता व कक्षा जहाँ पढ़ा/पढ़ी हो :

Name & Address of the school last attended with classes : .....



8. क्या पिछला विद्यालय केन्द्रीय माध्यमिक शिक्षा बोर्ड से सम्बद्धता प्राप्त था :  
Whether last school was CBSE affiliated : .....
9. यदि पिछला विद्यालय केन्द्रीय माध्यमिक शिक्षा बोर्ड से सम्बद्ध नहीं है तो सम्बन्धित बोर्ड का नाम दर्शाये :  
If, the last school was not affiliated with CBSE, specify name of the Board : .....
10. (a) विगत परीक्षा परिणाम / Result of last examination : ..... (b) प्रतिशत / Percentage .....
11. लिए जाने वाले प्रस्तावित विषय / Subjects proposed to offer :  
1 ..... 2 ..... 3 .....  
4 ..... 5 ..... 6 .....
12. क्या स्थानान्तरण प्रमाण-पत्र संलग्न है? हाँ/नहीं टी0सी0 का दिनांक  
Whether the transfer certificate is attached Yes / No : Date of T.C. ....
13. मातृ-भाषा/ Mother tongue : ..... गृह नगर/Home town .....

**DECLARATION BY THE PARENTS**

मैं एतद्द्वारा घोषणा करता/करती हूँ कि मेरे द्वारा दी गयी उपर्युक्त सूचना मेरी जानकारी में सत्य व सही है।  
I hereby declare that the above information furnished by me is correct to the best of my knowledge & belief  
मैं विद्यालय के नियमों से प्रतिबद्ध रहूँगा/रहूँगी/ I shall abide by the rules of the school.

तिथि/Date : .....

माता/पिता के हस्ताक्षर/Signature of parents

**FOR THE OFFICE USE ONLY**

1. प्रमाणित किया जाता है कि मैंने आवेदन-पत्र और संबद्ध कागजातों की जाँच कर ली है।  
Certified that I have checked the application form and the relevant documents are found in order.  
प्रवेश प्रभारी/ Admission Incharge
2. संबद्ध कागजातों के निरीक्षणोंपरान्त एवम् शुल्क प्राप्तोपरान्त कृपया कक्षा ..... वर्ग .....में प्रवेश दें।  
Please admit to class..... Section ..... after checking the relevant documents and realise the dues.

तिथि/Date : .....

प्रधानाचार्य/Principal

Admitted to class ..... Section ..... Fee Receipt No. .... Dated ..... issued.

Details of amount received :  
Admission Fee ₹ .....  
Composite Fee ₹ .....  
Boarding & Lodging ₹ .....

कक्षा उपस्थिति पंजिका में नाम दर्ज किया गया।

TOTAL ₹

Name has been entered in the Class Attendance Register : ( ✓ ) Yes  No

प्रमाणित किया जाता है कि समस्त प्रवृष्टियाँ छात्र पंजिका में दर्ज की गई एवं शुल्क का भुगतान इस कार्यालय द्वारा प्राप्त किया गया।

Certified that all the entries have been made in the Scholar's Register and the dues have been received.

विद्यार्थी की छात्र पंजीयन संख्या (ए0डब्लू0आर0)/

Registration No. of the student in Admission Withdrawal Register is ..... Vol .....

तिथि/Date : .....

कार्यालय अधीक्षक/Office Suptd. ....

बोर्ड द्वारा निर्धारित मानकों के अनुसार छात्र के आवेदन को प्रवेश हेतु स्वीकार करते हुए अनुमोदित किया जाता है।

Admission considered by the school is in accordance with the provisions of the Board & approved.

तिथि/Date : .....

हस्ताक्षर प्रधानाचार्य/कार्यालय की मोहर

Signature of Principal/Official Seal



## The School Emblem

- ❑ It denotes five elements- Earth, Water, Fire, Air and Sky of which this Universe as also our body is made. In our body these five elements come from Cereals, Vegetables, Fruits, Leaves and Ether. This food is body building material not energy giving. This basic concept if experienced, shall make the body immune to disease, fatigue and aging.
- ❑ The Hills and Earth give vegetation, Tree-fruits, Rivers-water and Sun heat and light etc. selflessly and consistently. If this principle is applied and experienced, Mind shall be flooded with unlimited prosperity.
- ❑ The Sun light denotes `Gyan' which if experienced by concentration of mind through Meditation, shall be realized making intellect entirely fearless.
- ❑ The Illumined Lamp denotes `Vivek' (Wisdom) for proper decision making without fear and favour.
- ❑ The Divine Hand assures the emergence of the above illumination.
- ❑ The motto-  
**“उत्तिष्ठत जाग्रत प्राप्य वरान्निबोधत”**

(Awake, Arise & Receive Knowledge from enlightened ones)  
 Charges us to prove worthy recipients of the above enlightenment.

# Manas In Manas Sthali

**MANAS** is the mind of Lord Shiva- the source and seat of the holy manifestation of Lord Ram- the manifestation full of the philosophy and its technique aiming at the Development of personhood on all the five planes of life Physical, Vital, Emotional, Intellectual and Spiritual planes, thereby making the personality complete in itself.

**MANAS** is the name attributed to the singular holy lake Manasarover where dwell the legendary birds. Hansas, endowed with the faculty of discrimination between the real and the unreal, presenting an ideal before man to take its decisions impartially, without fear or favour and keep moving undaunted on his path towards perfection.

**MANAS** symbolises the scripture Ram Charit Manas, dealing with the integrated development of human personality along with unlimited prosperity in outer world through three fold path of Tap, Sewa and Sumiran. Kuran Shareef describes it as Roza, Zakat and Namaz while Holy Bible as Fasting, Charity and Prayer.

**MANAS** is also the human mind, situated in the middle of the physical and the intellectual planes, always influencing both of them and thus designing the destiny of man. A pure Mind is an asset motivating man to tread on the lines of Methodical Meditation and Discriminate Service and in turn crediting to his ledger a Body-free from diseases. Senses-free from fatigue and an Intellect-free from fear and confusion, and thus very wisely paving for its own-self the path to reach the state of Bliss.

**MANAS STHALI** thus stands for imparting Modern Education blended with attainment of integrated Development of Human Personality inculcating Developed Vivek with Intuitional Faculty for Rational Decision Making without fear or favour and infusing Divine Laws for Unlimited Prosperity.



## Manas Sthali

A CO-EDUCATIONAL RESIDENTIAL SR. SEC. SCHOOL

Affiliated to C.B.S.E.

Near Faridpur Town, Bareilly - 243 503 (U.P.)

An ISO 9001-2008 & 14001 2004 (EMS) CERTIFIED INSTITUTION

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